Hoops
Sports Bar & Grill

LUNCH MENU

APPETIZERS

Daily Featured Soup 7

French Onion Soup 7
(H) A classic French soup with cheese.

(H) **Corn & Seafood Chowder** 7

Roast Beef Yorkies 16
Yorkshire pudding, mashed potatoes, roast beef, beef gravy, onion straws.

Smoked Lobster Dip 17
Served with corn chips and pita bread.

Hot Spinach and Artichoke Dip 16
Served with corn chips and pita bread.

Triple Cheese Garlic Bread 9

Spring Rolls 9
Served with sweet Thai chili.

Cajun Calamari 15
Served with a chipotle aioli.

Jalapeño Poppers 14
Served with sour cream.

Thai Chicken Bites 16
Chicken tender pieces, tossed in sweet Thai chili sauce garnished with julienned carrots, cilantro, green onions and sesame seeds.

(H) **Mexican Quesadilla** Veggie 14
Your choice of tender pieces of seasoned chicken, beef strips or shrimp with pico de gallo, cilantro, mixed cheese, served with a side of salsa and sour cream. Chicken 16, Shrimp or Beef 17

Mozzarella Sticks 14
Served with salsa.

(H) **Coco Shrimp** 15
Home-made sweet coconut butterfly shrimp, served with a side sweet chili sauce.

Breaded Pickle 12
Served with ranch.

Riblets 12
Fried pork riblets, served with your choice of sauces.

SALADS

ADD CHICKEN - 6 STEAK OR SHRIMP - 7

(GF) **Garden Salad** 10
Mixed greens, arugula, cucumbers, tomatoes, peppers, pickled red onions and julienne carrots, home-made balsamic vinaigrette.

(GF) **Greek Salad** 12
Mixed greens, tomatoes, cucumbers, pickled red onions, peppers, kalamata olives and feta cheese, Greek dressing.

Caesar Salad 12
Crispy romaine, croutons, bacon bits, parmesan cheese and Caesar dressing.

Chicken and Grilled Vegetable salad 15
Mixed greens, arugula, grilled vegetables, blue cheese, grilled chicken, home-made balsamic vinaigrette.

(GF) **Chicken portobello salad** 15
Mixed greens, arugula, portobello mushrooms, chicken, feta, home-made balsamic vinaigrette.

(GF) **Spinach and Goat cheese salad** 14
Baby spinach, arugula, grilled veggies, dried cranberries, pickled apples and candied pecans, dressed in a home-made cherry vinaigrette topped with crumbled goat cheese.

WINGS

SERVED WITH VEGGIE STICKS, FRIES, AND RANCH DIP.

1lb - 20 **2lb - 38** **3lb - 53**

Sauces:
Mild, Honey Garlic, Thai, BBQ
Medium, Hot, (H) Hoops Suicide, Madagascar peppercorn

Dry Rubs:
Cajun, Salt and pepper
Lemon pepper, Garlic parmesan

PUB FARE

(H) **Fish and Chips** 17
Home-made beer battered haddock served with fries, coleslaw and tartar sauce.

Onion Rings 10
Served with chipotle aioli.

Hoops Fries 8
Add gravy - 2

Potato Wedges 10
Served with chipotle aioli.

Sweet Potato Fries 10
Served with chipotle aioli.

Hoops Poutine 12
Golden fries topped with cheese curds and gravy.
Add Buffalo chicken or BBQ pulled pork or Beef chili or Smoked meat 15

Rib and Wings 20
Half rack of BBQ pork ribs with ½ lb wings in your choice of sauce, served with fries and BBQ sauce.

Chicken Fingers and Fries 16
Breaded chicken fingers, served with fries and plum sauce.

SANDWICHES

SERVED WITH FRIES OR HOUSE SALAD.
SUBSTITUTE FOR SOUP OR SWEET POTATO FRIES OR SEASONED POTATO WEDGES OR ONION RINGS OR GREEK SALAD OR CAESAR SALAD FOR 5.

Buffalo Chicken 18
Breaded chicken tenders tossed in buffalo hot sauce, ranch and coleslaw, pickled onions served on a soft brioche bun.

(H) **Roadhouse Steak** 21
Striploin, bacon, Jalapeño Havarti cheese, chipotle mayo, sautéed onions, served on a garlic ciabatta.

Roast Beef Dip 21
In-house roasted beef, sautéed onions, mushrooms, and horseradish on brioche bun with au-jus.

Chicken or Veal Parmesan Sandwich Chicken 20, Veal 21
Breaded chicken or veal cutlet, marinara sauce, mozzarella cheese, Served on a soft brioche bun.

(H) **Meatball Sandwich** 19
Homemade meatball, basil tomato sauce, mozzarella cheese, served on a garlic ciabatta.

Classic Clubhouse 20
Grilled chicken breast, bacon, cheddar cheese, lettuce, tomato and chipotle mayo on white or brown bread.

(H) **Reuben Sandwich** 21
Smoked meat, sauerkraut, Swiss cheese and thousand islands dressing on marble rye.

Pulled Pork Sandwich 18
Slow cooked pork shoulder, smoked BBQ sauce, coleslaw served on a soft brioche bun.

Veggie Sandwich 17
Mixed pepper, eggplant, caramelized onion and Havarti cheese. Served on a rye bread.

(GF) Gluten-friendly options available. (H) Hoops signature All items are subject to change.

WRAPS

ALL WRAPS MADE WITH FLOUR TORTILLA.
SERVED WITH FRIES OR HOUSE SALAD.
SUBSTITUTE FOR SOUP OR SWEET POTATO FRIES OR SEASONED POTATO WEDGES OR ONION RINGS OR GREEK SALAD OR CAESAR SALAD FOR 5.

Pulled Pork Wrap 16
Slow cooked pork shoulder, smoked BBQ sauce, coleslaw, pickled red onions, lettuce.

Buffalo Style Chicken Wrap 19
Breaded chicken tenders, buffalo style hot sauce, tomatoes, lettuce, pickled red onions and ranch.

BBQ Chicken Wrap 19
Grilled chicken, bacon, BBQ sauce, tomatoes, lettuce, cheese, pickled red onions and ranch.

Turkey Wrap 19
Sliced turkey, bacon, Havarti cheese, lettuce, tomatoes and mayo.

Chicken Caesar Wrap 18
Grilled chicken, Caesar salad with bacon bits.

Grilled Veggie Wrap 16
Grilled zucchini, eggplant, peppers, Lettuce, balsamic vinaigrette with goat cheese.

Steak Wrap 20
Grilled steak, salsa, guacamole, lettuce, pickled red onion and jalapeños.

PIZZA

MADE WITH OUR HOMEMADE DOUGH.
ADDITIONAL PIZZA TOPPINGS VEGGIE - 2, MEAT - 3.

3 Cheese 17
Tomato sauce, mozzarella, cheddar and parmesan cheese.

(H) **Hoops Pizza** 20
Tomato sauce, pepperoni, green pepper, mushroom, red onion and mozzarella cheese.

Tuscan 18
Tomato sauce, mixed grilled vegetables, mozzarella and goat cheese.

(H) **Barolo** 20
Tomato sauce, hot Italian sausage, kalamata olives, bell peppers, banana peppers and mozzarella cheese.

(H) **Meataroni** 20
Tomato sauce, ground beef, sausage, bacon, mushroom, red onions and mozzarella cheese.

BBQ Pulled Pork 18
Tomato sauce, pulled pork, mozzarella cheese, drizzled with BBQ sauce.

Louisiana BBQ Chicken 19
BBQ sauce, chicken, banana peppers, red onions, mozzarella cheese, drizzled with ranch.

Pesto Pizza 17
Pesto sauce, mozzarella, cheddar and parmesan cheese.

TEX-MEX

SERVED WITH SOUR CREAM AND SALSA.

Sizzling Fajitas Veggie 16 / Chicken 19 / Steak or Shrimp 21
Fajitas come with a tray of soft tortilla and fixings: pico de gallo, tex-mex cheese and guacamole.

Beef Chili Fries 14
Golden fries, beef chili, jalapeño, melted cheese, sour cream and scallions.

(H) **Hoops Nachos** 17
Corn chips, lettuce, tomatoes, black olives, jalapeño peppers and melted cheese.

(H) **Beef Chili Nachos** 19
Corn chips, beef chili, lettuce, tomatoes, black olives, jalapeño peppers and melted cheese.

Spicy Chicken Nachos 19
Corn chips, spicy chicken, lettuce, tomatoes, black olives, jalapeño peppers and melted cheese.

(H) **BBQ Pulled Pork Nachos** 18
Corn chips, slow cooked pulled pork, BBQ sauce, lettuce, tomatoes, black olives, jalapeño peppers and melted cheese.

ENTRÉE

SERVED WITH MASHED POTATOES OR FRIES.

(GF) **Peppercorn Steak** 25
Striploin steak with a peppercorn creamy sauce, seasonal vegetables.

(GF) **Steak and Frites** 25
Striploin steak, garlic butter mushrooms.

(GF) **Surf and Turf** 30
Striploin steak, garlic-sautéed shrimp, seasonal vegetables.

Chicken and Leek Pie 20
Roasted creamy chicken and leeks, topped with mashed potatoes and melted mix cheese.

BBQ Pork Side Ribs 24
Slow oven cooked rack of side BBQ ribs, served with coleslaw.

Stir Fry Sizzler 23
Seasonal vegetables and your choice of chicken, beef or shrimp stir fried in a shanghai sauce, served on basmati rice on a sizzling skillet. Veggie 20

(GF) **Grilled Salmon** 26
Grilled salmon, Seasonal vegetables, risotto with a white wine dill cream sauce.

(H) **Meatloaf** 21
Beef meatloaf served with mashed potatoes and seasonal vegetables.

PASTA

Penne Rose 17
Grilled vegetables, goat cheese, penne pasta with rose sauce.

Lobster Ravioli 18
Lobster filled ravioli, roasted Roma tomatoes and spinach in 3 cheese sauce.

Braised Beef Ravioli 18
Braised beef filled ravioli with peppers in Tomato sauce.

Chicken Carbonara 18
Grilled chicken, bacon, mushrooms and linguine pasta with creamy alfredo sauce topped with green onions and parmesan cheese.

Chicken Alfredo 18
Grilled chicken, portobello mushroom, broccoli, tomato, fettuccine pasta and alfredo sauce, topped with parmesan cheese.

Spaghetti Meatball 17
Homemade beef meatballs, spaghetti pasta with tomato sauce.

(H) **Seafood Linguine** 19
Shrimp, calamari, mussels, salmon, linguine pasta with creamy tomato sauce.

Chicken or Veal Parmesan 19
Breaded veal or chicken breast, tomato sauce, mozzarella cheese served with linguine pasta.

(H) **Lasagna** 19
Traditional beef lasagna finished with parmesan and mozzarella cheese.

BURGERS

PREMIUM FRESH HOMEMADE BEEF OR BEYOND MEAT PATTY WITH CHOICE OF FRIES OR HOUSE SALAD.
SUBSTITUTE FOR SOUP OR SWEET POTATO FRIES OR SEASONED POTATO WEDGES OR ONION RINGS OR GREEK SALAD OR CAESAR SALAD FOR 5.

Slam Dunk 20
Sautéed mushrooms, sautéed onion, swiss cheese and bacon with traditional garnish.

Power Play 20
Medium cheddar cheese and back bacon with traditional garnish.

Hattrick 20
Medium cheddar, mozzarella and Havarti cheese with traditional garnish.

(H) **Mango Chutney Burger** 20
Home-made mango chutney, sautéed onion with traditional garnish.

Free Throw 20
Honey mustard, brie cheese, swiss cheese, pickled apple slices with traditional garnish.

(H) **Hoops Classic** 18
Beef patty with traditional garnish.

(H) **Guinness Burger** 20
Homemade beef patty infused with Guinness, topped with sautéed mushrooms, cheddar cheese, red pepper chutney and traditional garnish.

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